



## COMPOUNDED MEDICATIONS FOR WOMEN'S HEALTH

### VAGINAL, PELVIC & GENITAL HEALTH

#### Yeast (Candida) Infections

- Boric Acid 600 mg Vaginal Suppository
- Amphotericin B 50 mg Vaginal Suppository

#### Pelvic Pain

- Diazepam 10 mg/Gm Vaginal Gel
- Diazepam 5 mg Suppository
- Ibuprofen 20% Topical Cream
- Ketoprofen 10%/Cyclobenzaprine HCl 2% Topical

#### Bacterial Vaginosis

##### (option to add Lactobacillus to enhance treatment)

- Chlorhexidine Gluconate 0.5% Vaginal Gel
- Acetic Acid 0.9%/Hydroxyquinoline 0.025% Vaginal Gel
- Metronidazole 125 mg/mL/Nystatin 25,000 U/mL Vaginal Cream

#### Vulvodynia

- Amitriptyline HCl 2%/Baclofen 2% Vaginal Cream
- Gabapentin 6% Vaginal Cream
- Estriol 0.05% Vaginal Cream
- Ketamine HCl 5%/Lidocaine HCl 5%/Diazepam 1% Vaginal Cream

#### Atrophic Vaginitis

- Estriol 1 mg/Progesterone 30 mg Vaginal Suppository
- Hyaluronic Acid 5 mg/Gm Vaginal Cream
- Dehydroepiandrosterone 13 mg Vaginal Suppository
- Estriol 5 mg/mL Vaginal Cream
- Acidophilus Lactobacillus Vaginal Cream

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### SEXUAL & REPRODUCTIVE HEALTH

#### STD: Trichomonas

- Metronidazole 500 mg/Nystatin 100,000 U Suppository
- Tinidazole 500 mg Suppository

##### Resistant Trichomonas

- Paromomycin 6.25% Vaginal Ointment

#### Pregnancy Nausea/Vomiting

- Ginger Root 200 mg Sorbitol Lollipop Base
- Ondansetron 4 mg/0.1 mL Topical Cream
- Promethazine HCl 25 mg/Gm Topical Cream
- Doxylamine Succinate 10 mg/Pyridoxine HCl 10 mg Suppository

#### Vaginal Dryness

- Vitamin E 200 IU Vaginal Suppository
- Polycarbophil Vaginal Moisturizer
- Estriol 0.05% Vaginal Cream

#### Sexual Dysfunction

- Oxytocin 10 Units Sublingual Troche
- Oxytocin 40 units/mL Nasal Spray
- Oxytocin 40 units/Gm Vaginal Cream
- Sildenafil Citrate 1% Topical Cream
- Aminophylline 3%/Arginine HCl 6% Topical Cream
- Testosterone 1 mg/0.12 mL Topical Cream

#### Infertility

- 17-Hydroxyprogesterone 250mg/mL Injection Solution
- Progesterone 50 mg/mL Oil Injection Solution
- Progesterone 50 mg/mL/Ethyl Oleate Injection Solution
- Hydroxyprogesterone Caproate 250 mg/mL Oil Injection Solution
- Chorionic Gonadotropin 1000 U/mL Injection Solution

# BIOIDENTICAL HORMONE REPLACEMENT THERAPY (BHRT)

- Testosterone therapy. Available in topical creams, gels, or as an intramuscular injection (IM)
- Estrogen and progesterone therapy. For conditions ranging from menopausal or post-menopausal symptoms, vaginal dryness and UTIs to severe PMS and low energy.
- Thyroid and Adrenal Medications (including T3 and T4 and commercially available thyroid hormones including Nature-Thyroid and Armor Thyroid).\*

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## TOPICAL ANESTHETICS FOR IN-OFFICE TREATMENTS

*For non-surgical procedures treating the external vaginal area (e.g. CO2 laser).*

- Benzocaine 10%/ Lidocaine 5% / Tetracaine 2%

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## WEIGHT LOSS

### General Weight Loss Support

- Phentermine 15mg/Chromium 200mcg/B 12 800mcg Lollipops
- Diethylpropion HCL 25mg/Chromium Picolinate 200 mcg Lollipop
- Phentermine HCL 37.5mg/Chromium Picolinate 200mcg SR Capsule

### Methionine, Inositol & Choline (MIC) Intramuscular Injectables

- Methionine 15mg/mL/ Inositol 50mg/mL/ Choline 100mg/mL  
– Option to add: Vitamin B12 (cyanacobalamin, or methylcobalamin form) 100, 200 or 300 mcg/mL

### Human Chorionic Gonadotropin (hCG)

- Chorionic Gonadotropin 125 U/0.1 mL Sublingual Solution (PF)
- Chorionic Gonadotropin 500 U Base A Troche
- Chorionic Gonadotropin 100 U/0.1 mL Nasal Spray
- Chorionic Gonadotropin 1000U/mL Injection

## DERMATOLOGIC CONDITIONS

### Rosacea

- Metronidazole 1%/ Niacinamide 4% Topical Gel
- Ivermectin 1%/Niacinamide 4%/Zinc Pyrithione 0.025% Topical Cream

### Lichen Sclerosis

- Clobetasol Propionate 0.05% Topical Ointment
- Testosterone Propionate 2% in Aquaphor®
- Tretinoin 0.025% Topical Ointment

### Hyperhidrosis

- Glycopyrrolate 0.5% Topical Pads

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**Please note that most medication doses and formulas can be modified to better meet patient needs.**

*\* All of our BHRT preparations are plant-based rather than synthetic in order to best replicate the natural hormones produced in the body including estrogen, progesterone, testosterone and dehydroepiandrosterone (DHEA). Our expert teams are continually available to advise on dosing guidelines and administration.*



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NABP